

## **Testimonials and Quotes**

I believe that the CHADS presentations have helped save lives here at NHS. It has identified students at risk of self-harm and suicide that were not otherwise identified. This is a useful service that needs to continue! Thank you for your help and support in keeping our students safe. -Northwest High School Counselor

The program is so important. Mental health is so over looked and a taboo subject in our society. Teenagers need to know that their mental health is just as important as their physical and social health. CHADS educates teens so that they know the signs and symptoms of depression and suicide so if they, a friend, or a peer needs help they can get it.

-Valley Park High School Health Teacher

We are always grateful for CHADS presentations. The presenters have been extremely thorough, and after each round of CHADS visits, at least 1 student has been identified as at-risk that I previously had not known. For that we will always be grateful to CHADS and will continue to welcome CHADS in our school! Thank you!!

-Washington Middle School Counselor

We love having CHADS presenters in our health classes every semester. They do an excellent job of shining a spotlight on a topic that is extremely important but difficult to talk about. Thank you for your work!

-Kirkwood High School Counselor

I just want to say thank you for providing the service to schools. Not only is it important for our students to understand signs of suicide, but just understand mental health in general, and see people caring about this topic and about them. It is also a huge help to me as a counselor. I am just one person, and feel that the more help we have from caring individuals for our students, the better off we all are. Your educators are amazing, and were so professional and easy to work with. -Triad Middle School Counselor

Great presentation and response from students! I had a few students who reached out via email after the presentation after they thought about it more with further questions about themselves or others. Quite a few were students we would not have been able to identify without this.

-Wildwood Middle School Counselor

I thought the presentation was amazing. I have been dealing with anxiety and depression since I was in 6th grade. Luckily I got help but I'm glad that you are continuing to spread awareness of mental health issues.

-St. Francis Borgia High School Student

When I, or someone, gets bullied, I can tell a trusted adult and act fast. Also, if my friends are thinking about suicide or have depression, I can help them by telling a trusted adult when someone needs help fast.

-Boone Trail Elementary Student

This presentation was a great way to make people understand the dangers of depression and suicide. Chad may not be here today, but he is here spiritually with us, guiding people who feel his pain. Great presentation!

-St. John Vianney Teacher



The presenters do a great job of talking openly with the students. The students feel comfortable talking to them and filling out the survey.

-Northwest High School Counselor

CHADS SOS presentation normalizes "mental health" and shows students that it is ok to not feel "right" but it is necessary to seek out support.

-Ferguson-Florissant Counselor

If it wasn't for the presentations I wouldn't know about some of the emotional needs of the students. -Berkeley Middle School Counselor

CHADS is an amazing program that addresses tough topics not covered by the teachers or school counselor.

-Salem Lutheran School Affton Counselor

I appreciate your programs for my students! Thank you for bringing it to schools- it is so important and needed!

-Parkway South Middle School Counselor

I have had CHADS come into my classroom for the past 9 years. I have seen tremendous growth in their programs and presentations during that time. I am beyond blessed to have this partnership with CHADS because my students have greatly been impacted by them! Thank you for all you do for our students!

-Oakville Middle School Counselor

This was an incredible service that allowed us to identify students that were both already on our radar and students that were not. It provided an opportunity to screen students for outside counseling services brought into the school on a regular basis.

-Mark Twain High School Counselor

I am always impressed by CHADS! I love the program content and the presenters have been wonderful with the students. I have received positive feedback from parents, students, and teachers about the presentations and content. Thank you for providing this program!

-Salem Lutheran School Affton Counselor

There were very clear and tangible outcomes. Knowledge was clearly gained but further, students who needed it were immediately connected to services.

-Gateway Science Academy Counselor

I feel this is crucial for our students to hear and understand. We had 3 suicides last school year and I feel that is obviously 3 too many. I feel this should be ingrained in curriculum just like English and Math. -Hillsboro High School Counselor

CHADS is such a valuable program. I feel certain that it has had a life changing impact on our students and our school community.

-Oakville Middle School Counselor

The CHADS presenters are outstanding and develop a good rapport with the students. They create a safe place where students are comfortable disclosing information about themselves and others they are concerned about. We feel the CHADS program is an integral part of our curriculum at OMS. I get numerous referrals for students that could have slipped under the radar.

-Oakville Middle School Counselor