



PRICING GUIDE 2023-2024

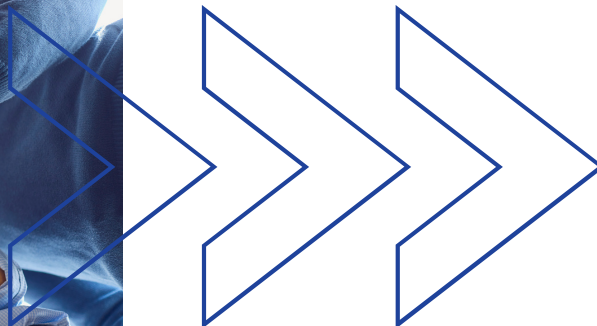
CHADS Coalition
FOR Mental Health
COMMUNITIES HEALING ADOLESCENT DEPRESSION AND SUICIDE

About the CHADS Programs...

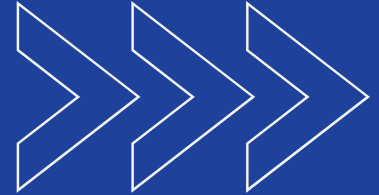
"CHADS saves young lives by advancing the awareness and prevention of depression and suicide."

We offer Signs of Suicide®, Family Support Counseling, and Social Emotional Well-being programs to fulfill our mission and commitment to the community. Aside from serving adolescents and young adults ages 25 and under with counseling services and mentoring programs, we also provide parents, educators, and community members with resources, presentations, and more to provide a holistic and proactive approach to mental illness and suicide prevention.

At CHADS Coalition for Mental Health, we understand the importance of low (or no) cost mental health services. We strive to make our programs as accessible as possible throughout the state of Missouri. When possible, grant funding is applied to all services. At this time, grant funding is primarily available for St. Louis Metro area schools. Knowing this, we've created Fee for Service Guidelines to transparently share costs of services to enable your school or district to budget and plan when you'd like to utilize CHADS services.



Signs of Suicide



Student Training Sessions

\$175/presentation (Minimum of 45 minutes up to 90 minutes) . Prices are per CHADS staff member (i.e. if we send 2 trainers to do SOS, it would be \$350/hour).

5th grade Programs

- Emotion Management (5th grade)
- 5th Grade Signs of Suicide
- Bullying & Cyberbullying

Middle School Programs

- SOS® Middle School
- EYES Bully Free
- EYES Peer Pressure
- EYES Self Injury
- EYES Technology & Mental Health

High School Programs

- SOS High School
- Signs of Self Injury
- Healthy Coping Skills (High School)
- Technology & Mental Health
- SOS 2ndACT

*****Student trainings are meant to be implemented in a school setting. Counselors MUST be available on the day of student presentations.**

Adult Training Sessions

Training Trusted Adults®

- Parents & Community members: \$300 per presentation (1 hour)
- Faculty/Staff & School Personnel: \$450 per presentation (2 hours)

Topics include Signs of Suicide and Technology and Mental Health. Contact sos@chadscoalition.org for more details

CHADS Conversations (Adult/community organizations)

- \$400 per presentation (1 hour)

Suicide Risk Assessment Training (4 hours)

- \$650 (School Counselor/Social Worker training, does not include CEUs)

Addressing Bullying in Schools (2 hours)

- Faculty/Staff & School Personnel- \$450 per presentation

If the location is more than 90 minutes away from the CHADS Coalition Main or Regional offices, then travel time, mileage, lodging, and meal reimbursement costs apply.

- Travel time: \$100/hour for 1 staff member +\$50/hour for each additional staff member
- Lodging: \$200/night
- Mileage: current government rate
- Meal reimbursement: \$60 per diem

If interested please contact sos@chadscoalition.org

Fees are evaluated on an annual basis and are subject to change

Updated June 2023

Postvention Services

"Offering hope
and
healing after a
suicide loss"

Postvention is designed to provide support services for students, school staff, and community members following a suicide or traumatic student death in the St. Louis area. The Postvention team is trained to provide an evidence-based response, including the following services: consultation with school staff in planning a building- or district-wide response, training workshops for parents and community members, student presentations, and debriefing sessions for students and faculty. The Postvention coordinator will work with school administrators to tailor a unique response plan that best fits the needs of the school community. Please call the Family Support Warm Line at [314.952.8274](tel:314.952.8274) between the hours of 9:00am and 5:30pm, Monday through Friday, for more information about Postvention services or fill out our [request information form](#).



Postvention Services

For Students



- Facilitated support group to help students learn more about myths and facts related to suicide, grief, and self-care
- In-school crisis counseling for students including safety planning with students who present with suicidal ideation (in collaboration with school counselors)

For School Faculty and Staff



- Debriefing sessions to discuss best-practice and ethical responsibilities for school staff
- Common questions addressed:
 - Students want to create a memorial. Should we allow this?
 - How much detail should we provide about the nature of the suicide?
 - How should we handle hurtful comments made on social media?
- Support group to help faculty and staff learn more about myths and facts related to suicide, grief, and self-care

For Parents and Families



- One-on-One support session(s) with another survivor
- Counseling through the CHADS Family Support Counseling Program
- Survivors of Suicide Support Group (meets bi-weekly in person and online)

When possible, grant funding is applied to all services. Currently, funding is primarily available for middle and high schools. Depending on the level of services, some small fee may be charged based on the following breakdown

Fee	Services
\$175/hour	Direct Service (support group facilitation, processing, in-school crisis counseling, etc.)
\$60/hour	School Support and Planning/Prep (meetings to plan service implementation, time spent researching and gathering resources specifically helpful the group based on situation specifics, etc.)

If interested please contact candra@chadscoalition.org

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