



Saving young lives by advancing the awareness and prevention of depression and suicide.

Annual Report 2021 Fiscal Year July 1, 2020 -June 30th 2021

PROGRAM ACCOMPLISHMENTS

This year CHADS has delivered a message of hope and healing to over 22,000 teens and adults, through school-based programs focused on the prevention of suicide and depression, and teaching entire schools how to reduce bullying. CHADS lean staff and small budget are supported by more than 100 volunteers. Crucially, this has empowered us to be nimble and navigate unprecedented challenges during COVID-19.

Signs of Suicide (SOS) Program has a goal of preventing suicide among youth 25 and under in the Greater St. Louis area. CHADS uses the evidence-based Signs of Suicide to teach middle and high school students to recognize and respond to the warning signs of teen depression and suicide. We reached 21,949 teens and adults through 1,115 presentations in 109 schools. Our presentations give students the chance to privately ask for help, and in 2020-2021, 10.1% of students in CHADS presentations took advantage of that opportunity.

Social Emotional Wellbeing (SEW) Program is a one-on-one program designed to enhance social emotional learning and promote stronger coping skills for youth. During the 2020-2021 school year, CHADS served 204 mentoring clients through 2,381 sessions, with 77% of clients showing improvement on our evidence-based measures.

Family Support Program offers a caring, individualized response to parents who have a young person struggling with mental illness or emotional concerns. After participating, parents are better equipped to make decisions and access services, and we assist with connections to services. This year CHADS assisted 251 youth with 2,786 counseling sessions, with 72% showing improvement in their symptoms on our evidence-based evaluation tools

FINANCIAL INFORMATION

Year ending 6/30/2021

Income

Contributions & Grants	391,584
Special Events	153,275
Government Revenue	574,922
PPP Loan Forgiveness	171,900
TOTAL	\$1,291,681

Expenses

Program (75%)	740,471
Administrative (11%)	111,265
Fundraising (14%)	139,668
TOTAL	\$991,404

Assets

Assets at start of year	734,795
Assets at end of year	1,033,243
Change in assets	\$298,448

BOARD OF DIRECTORS

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CARF Accreditation

The Commission on Accreditation of Rehabilitation Facilities, a national organization that establishes standards for high quality care, has certified CHADS for three years. CHADS provides free services to schools or families.